



Opt-Out Template

2024-2025 Academic Year

Dear Parents,

Below is a template designed to help you opt out of surveys, questionnaires, exercises, assignments, or any other data collection methods that could undermine your parental rights to guide your child's upbringing and education.

This template was inspired by our friend & fellow parent advocate, Alvin Lui, President of Courage is a Habit (<https://courageisahabit.org/>). Remember, staying informed and engaged is crucial—do not place blind trust in any school.

Dear [Principal's/Teacher's/Guidance Counselor's Name],

We kindly request that the following information be forwarded today to all of our [child's, son's, daughter's] teachers for the 2024-2025 academic year. Please confirm receipt and acceptance of this request. Thank you!

We, [Parent's Names], as the parents of [Your Child's Name], a minor, are exercising our parental rights under the U.S. Constitution and the laws of Colorado to direct the upbringing and education of our child as follows:

We DO NOT CONSENT to our child's participation in any survey, personal analysis, evaluation, questionnaire, exercise, assignment, or any other form of data collection that pertains to or attempts to influence our child's attitudes, habits, traits, opinions, beliefs, or feelings concerning: curriculum, political affiliations, religious beliefs or practices, mental or psychological conditions, sexual behavior or attitudes, sexual activity, sexual orientation, gender identity, or any illegal, antisocial, self-incriminating, or demeaning behavior.

Additionally, we are opting [Your Child's Name] out of the Healthy Kids Colorado Survey for 2025 and any mental health assessments or questionnaires approved in HB23-1003, or provided by [Your School District] or any of our child's teachers. For clarity, please contact us directly via email at [Insert Parent Email] and [Insert Parent Email] with any questions.

Thank you for your cooperation.

Sincerely,
[Parent's Names]