



## Opt-Out Template

**The following is a template to opt-out of surveys/questionnaires, exercises, assignments, or any other form of data collection that may usurp your parental rights to direct the upbringing and education of your child.**

**Alvin Lui, the President of Courage is a Habit (<https://courageisahabit.org/>) is the inspiration behind this template. You must be engaged and informed...do not have blind trust in any school.**

### **-Template-**

Dear [Insert your child's principal, teacher/guidance counselor, educational team's name],

We are requesting that the information below be forwarded today to our [child's, son's, daughter's] teachers for the 2023-2024 academic year. Please reply with confirmation that this request is acknowledged and accepted. Thank you!

We, [Parent's Names], as parents of [Your Child's Name], a minor child, hereby exercise our parental rights under the US Constitution and the laws of the state of Colorado, to direct the upbringing and education of our minor child, as follows:

We DO NOT CONSENT to our child's participation in any survey, personal analysis, evaluation, questionnaire, exercise, assignment or any other form of data collection that reveals or attempts to affect, or references or relates in any way to our child's attitudes, habits, traits, opinions, beliefs or feelings concerning: curriculum, political affiliations, religious beliefs or practices, mental or psychological conditions; sexual behavior or attitudes, sexual activity, sexual orientation; gender identity; or illegal, antisocial, self-incriminating or demeaning behavior.

Additionally, we are opting [Your Child's Name] out of participating in the Healthy Kids Colorado Survey for 2023 and any mental health assessment/questionnaire that was approved in HB23-1003 or provided by [Your School District] or provided by any of my child's teachers. For the avoidance of doubt, please contact us directly via email at [Insert Parent Email] and [Insert Parent Email] with any questions.

Sincerely,  
[Insert Parent Names]

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